



Endorphin 5K

Well Marked
Trail

To Fight Brain Disease

Brain Cancer, PTSD, Autism, MS, Alzheimer's, ALS, Parkinson's, Addiction, TBI (concussion, etc.), Stroke, etc.

5K Finisher Medals



5K is Bib Chip Timed

Sept. 28th

Kittatinny Valley State Park
Newton, NJ

973-726-6218



**Get a registration form or register online:
www.iesBrainResearch.org/events.html**

Before and after the run (or walk): vendor tables, door prizes, activities including: music, face painting, sand art, free massage and food by Augie (including burgers & dogs, sausage & peppers on the grill). Cheer the runners and enjoy the activities.



**Vendor Tables, Music, Food and Activities
8AM - 1PM**

Sponsorship opportunities including vendor table

Team Prizes: (Youngest, Oldest, Largest, Fastest 5K, Most \$ Raised) *Team must be 5 or more: runners, walkers, 5K and/or 1M*

GREAT FOOD - GREAT TRAIL - GREAT FUN - GREAT CAUSE



****HELP EVEN MORE and RUN FOR FREE**

Individual registrants who raise \$100 or more in pledges received by Sept. 20th; will receive registration fee refund and tiered prizes

